



Run Lehigh Valley – Sportsfest 5K – July 17, 2011 – 8 AM Start Time

Course Description

The course begins/ends near the Lehigh Valley Road Runners Clubhouse/Iron bridge. Enter park from South Jefferson Street onto Park Drive. The best address to google is: **1600 Park Drive, Allentown, PA 18103**. Once you enter the park, parking will be on the left hand side up the hill near the barn. We will have staff and/or signs directing you where to park.

The course is the standard Parkway 5K course. (BUT BACKWARDS) We start on the paved path near the Iron bridge and run up and across the Robinhood Bridge. After crossing the Robinhood Bridge, runners will run to the covered bridge near the credit union before ending back up where we started!

The course is rolling, *shaded* and beautiful; completely within the park. The course will be marked and staff members will be directing runners at all questionable turns.

There will be one water stop near the halfway point.



